

## **2<sup>nd</sup> TRIMESTER QUESTIONNAIRES**

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### **1. PURPOSE AND APPLICABILITY**

The purpose of this SOP is to describe the procedure of filling the questionnaires performed during the 2<sup>nd</sup> trimester of pregnancy. The questionnaires encompasses two main topics: mental health (SCL90-r) and food frequency. The questions will be self-reported by the BiSC participants as described later in this document. The data acquired from these questionnaires may have an important impact on the conclusions of the study and should be considered in the posterior analyses.

### **2. RESPONSIBILITIES AND USERS**

1. The BiSC steering committee is responsible for final review and approval of this SOP.
2. The BiSC nurses and fieldworkers are responsible for ensuring the SOP that new versions of this SOP are available for the relevant members of the project team and its instructions are properly implemented.
3. This SOP will be principally applied by BiSC nurses and fieldworkers.
4. If the procedures of this SOP are changed, the change has to be documented according to instructions and it has to be communicated to the SOP coordinator and BISC steering committee. The changed SOP is subject to review and approval by the BISC steering committee.
5. The users of the SOP are obliged to work according to this SOP. All potential deviations in implementing this SOP have to be carefully documented (who changed, when, why, what changes, possible impacts) and reported.

### **3. DEFINITIONS AND ABBREVIATIONS**

SOP: Standard Operating Procedure

Participant: A pregnant woman participating in the BISC study as a study subject

### **4. EQUIPMENT AND MATERIALS**

#### Equipment

*Computer with internet connection (use preferably: Chrome or Mozilla Firefox)*

#### Materials

*Online Clinapsis questionnaire SCL90r*

*Online Clinapsis questionnaire 20wFFQ*

## **5. PROCEDURES**

### *Administration of questionnaire*

The total part of the questions are self-administrated by the participants. Questions will be asked both in Catalan and Spanish and will be filled in Clinapsis (for more information, see: [bisc\(B:\)/Protocols/SOPs/12w/Questionnaires/](#)). BiSC nurses will send a link for the participants that will direct her to the food frequency and mental health questionnaires to fill them online. Paper versions of the questionnaires are also available. The English version of the questionnaire is only available in paper.

## **6. QUALITY CONTROL**

Clinapsis offers a quality control system and provides a tool that allows the users to see if the questionnaires are filled or not. BISC nurses are in charge to control that all the questionnaires are filled.

## **7. REFERENCES**

Section not applicable

## **8. ANNEXES**

The current version of the questionnaires can be found in:

a. Food frequency:

[bisc\(B:\)/Questionnaires/BISC QUESTIONNAIRES/ 2nd trimester 20w/ 2019\\_FFQ\\_BISC\\_07052019\\_english](#)

b. Mental health:

[bisc\(B:\)/Questionnaires/BISC QUESTIONNAIRES/ 2nd trimester 20w/scl90mare](#)